

Advocate for self

Name _____ Date _____

Directions: Use the scale legend to rate each item. Then total each group and the whole rubric.

Legend:

5 = DEFINITE STRENGTH (succeeds at a high level without struggling or hesitation)

4 = STRENGTH (succeeds at a high level with some struggle or hesitation)

3 = ACCEPTABLE (hesitates and struggles, but succeeds at a satisfactory level)

2 = NEED (hesitates and struggles and may succeed in parts, but not the whole)

1 = DEFINITE NEED (does not succeed--does not know what to do or gives up quickly or does not try)

	Possible Earned
Describe motivations	
• Describe what is important	5 ___
• Describe wants and interests	5 ___
Subtotal for Group	10 ___
<u>D</u> Strength=9-10 <u>S</u> trength=7-8 <u>A</u> cceptable=5-6 <u>N</u> eed=3-4 <u>D</u> Weak=2-2	Rating ___
Explain realistic view of self	
• Describe capabilities and limitations	5 ___
• Describe own strengths and weaknesses	5 ___
• Recognize need for supports	5 ___
Subtotal for Group	15 ___
<u>D</u> Strength=14-15 <u>S</u> trength=11-13 <u>A</u> cceptable=8-10 <u>N</u> eed=5-7 <u>D</u> Weak=3-4	Rating ___
Recognize situations that require self-advocacy	
• Describe legal and civil rights	5 ___
• Recognize that maintaining personal safety often requires self-advocacy	5 ___
• Recognize that obtaining help often requires self-advocacy	5 ___
Subtotal for Group	15 ___
<u>D</u> Strength=14-15 <u>S</u> trength=11-13 <u>A</u> cceptable=8-10 <u>N</u> eed=5-7 <u>D</u> Weak=3-4	Rating ___
Take action and advocate for self when appropriate	
• Evaluate situations and decide whether self advocating is the best option	5 ___
• Determine what needs to be done to successfully advocate for self	5 ___
• Decide what resources or help is needed	5 ___
• Recognize fears associated with self advocating and have ways to overcome them	5 ___
• Take action and advocate for self	5 ___
• Evaluate success in advocating for self	5 ___
Subtotal for Group	30 ___
<u>D</u> Strength=28-30 <u>S</u> trength=22-27 <u>A</u> cceptable=16-21 <u>N</u> eed=10-15 <u>D</u> Weak=6-9	Rating ___
Overall Total	70 ___
<u>D</u> Strength=64-70 <u>S</u> trength=50-63 <u>A</u> cceptable=36-49 <u>N</u> eed=22-35 <u>D</u> Weak=14-21	Rating ___