



Phase 4: Achieving

The purpose of this “phase” is for students to complete the tasks identified in their timeline and learn important skills that will prepare them to achieve their Postsecondary goals. In this phase, students will also complete the tasks needed to reach their education/training, employment, and independent living goals. By the end of this phase, students feel more confident and are well prepared for their transition to adult life.

Sample Phase 4 Activity:

In the “Review Your Postsecondary Goals” activity, students are guided to assess whether they are going to continue with their current postsecondary goals or whether they need to adjust them based on what they are learning in this process. This activity is part of a flexible, coordinated set of activities that prepares students to make a successful transition in the areas of education/training, employment, and independent living – **see the sample activity below.**

Review Your Postsecondary Goals

This task should be repeated eight times during your Junior and Senior years

Education Tasks	Page	Options		Calendar - Tracking Months for Junior and Senior Year																								
HS Task Name	----	Sel.	Met	S	O	N	D	J	F	M	A	M	J	J	A	S	O	N	D	J	F	M	A	M	J	J	A	S
Review your postsecondary goals		x		X	X	X		X							X		X		X	X	X							
				1	2	3		4							5		6		7	8								

Step 1: During each month marked in green on the calendar above, go to page 204 of this booklet. (It is the page on which you wrote your postsecondary goals.) During the months listed on the calendar, review what you wrote and decide if you need to change or update any of your goals.

Step 2: After you review your goals, complete the chart listed below by circling "Yes" if you need to change your goals or "No" if you don't need to change them. If you need to change them, follow the directions listed in Step 3.

Postsecondary Goals Questions			Date
October Check	Did your postsecondary goals change?	Yes No	
December Check	Did your postsecondary goals change?	Yes No	
February Check	Did your postsecondary goals change?	Yes No	
May Check	Did your postsecondary goals change?	Yes No	
September Check	Did your postsecondary goals change?	Yes No	
December Check	Did your postsecondary goals change?	Yes No	
February Check	Did your postsecondary goals change?	Yes No	
April Check	Did your postsecondary goals change?	Yes No	

Step 3: If any of your goals have changed, follow the steps listed below for that goal.

1. On the postsecondary goals page (page 107), write your new goals.
2. Show your teacher, parent(s), or counselor your new goals & use the steps below
 - a. Decide which tasks in Units 1 and 2 need to be done (or redone)
 - b. Go to the "Transition Task Checklist" (Page 204) and make a timeline for the tasks
 - c. Decide whether you can finish all tasks within the time you have available
 - If yes, move ahead with the new plan
 - If no, prioritize the tasks you will do and tasks you will have to do later

Download a Program Summary PDF (*includes sample activities, assessments, and tasks*):



Click Here to Receive Your
Free Starting Line Summary
PDF Which Includes:

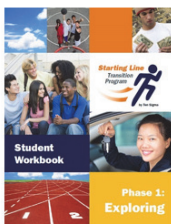
- *Transition Assessments*
- *Transition Activities*
- *Transition Tasks*



How to Begin the Starting Line Program:

This program is designed to be used as a Four Year Program or as a condensed version called the **Fast Track**. Students or young adults with Mild to Moderate disabilities (who are likely to live independently as adults) will benefit tremendously from this program.

- **Four Year Program:** To begin the program with your current freshman, purchase one Phase 1 workbook for each freshman. Over the next three years, purchase Phases 2, 3, and 4 workbooks as your current freshmen move through high school.
- **Fast Track:** To begin the program with your current sophomores, juniors, and seniors, purchase one **Fast Track workbook** for each student, which is the only workbook they will need. The **Fast Track** can also be used in programs for 18 to 22 year olds, alternative programs, and correctional institutions.



Click Here to
Order Phase 1 Workbooks



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Click Here to Order
Fast Track Workbooks



Order Now

Review All Four Phases:

<http://tensigma.org/starting-line-transition-program>

Have Questions:

- Contact (800) 657-3815
- Email – info@tensigma.org