

List of Behavior Rubrics for Middle School to Adult

Interacting with Others

1. Make an appropriate impression.
2. Get people's attention appropriately.
3. Greet people politely.
4. Pay attention to speaker.
5. Consider the contributions of others.
6. Interact fairly with others.
7. Disagree appropriately.
8. Deal safely with others.
9. Interact fairly with others.
10. Interact effectively with others.

Self-Sufficiency Skills

11. Be trustworthy, honest, and ethical.
12. Be in control of emotions.
13. Show respect for authority.
14. Listen well.
15. Accept responsibility for actions.
16. Accept consequences.
17. Respect the diversity of others.
18. Respect the rights of others.
19. Set and achieve important goals.
20. Use good judgment.
21. Access community resources.

Self-Management Skills

22. Be organized.
23. Be thorough.
24. Set and meet high quality standards.
25. Do own share of the work.
26. Make effective decisions.
27. Solve problems effectively.
28. Use time wisely.
29. Take initiative.
30. Advocate for self.
31. Follow verbal directions well.
32. Clean up after self.
33. Use effective money management.

Workplace Basics

34. Arrive promptly and prepared.
35. Show a desire to work.
36. Have a positive work ethic.
37. Work well with co-workers.
38. Follow directions promptly.
39. Complete tasks to expectations and on time.
40. Work well without supervision.
41. Be a responsible group member.
42. Negotiate compromises.
43. Follow written instructions well.
44. Meet deadlines.
45. Resolve conflicts.
46. Find employment opportunities.
47. Present ideas clearly and logically.
48. Have an effective resume.
49. Work toward group goals.

Wellness Skills

50. Practice personal grooming/hygiene.
51. Develop good nutritional habits.
52. Maintain personal fitness.
53. Manage stress.
54. Maintain healthy relationships.
55. Practice good citizenship.
56. Respect the environment.
57. Participate in leisure activities.
58. Participate in regular health care.

Technology Success

59. Operate a computer with confidence.
60. Locate information from many sources.
61. Conduct effective Internet searches.
62. Manage an email program.
63. Troubleshoot technology problems.
62. Use a cell phone effectively.