

Preparing for Life after High School

Name: _____

Date: _____

Directions: Below are two identical sets of options for your plan after high school. In the set on the left, mark the option(s) that represent your current plan for after high school. In the set on the right, mark the option(s) that would be your ideal plan without outside influences like family, friends, teachers, or costs.

<input type="checkbox"/>	Attend a four-year college
<input type="checkbox"/>	Attend a community college
<input type="checkbox"/>	Attend a technical or trade school
<input type="checkbox"/>	Find a job I like and learn valuable skills
<input type="checkbox"/>	Take any job just to earn some money
<input type="checkbox"/>	Join the military
<input type="checkbox"/>	I don't know what my future plans are yet

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If the option(s) you selected on the left are different from the option(s) you selected on the right, we highly recommend that you talk with an adult you trust about the reasons behind your different answers.

Things I Need to Do to Reach My Goals

1. If you put an "X" in any of the boxes above for attending a four-year college, community college, or technical or trade school, complete the "Education Tasks" section. If not, skip that section.
2. Put an "X" next to any tasks in the sections below that you will complete before graduating.

Education Tasks

Sel	Attending school after high school
<input type="checkbox"/>	Research school options
<input type="checkbox"/>	Visit one or more schools
<input type="checkbox"/>	Complete applications to colleges, schools or training programs I am interested in
<input type="checkbox"/>	Schedule and sign up for ACT/SAT
<input type="checkbox"/>	Prepare to do my best on the ACT/SAT
Sel	Paying for Post High School Education
<input type="checkbox"/>	Find the cost of places I am interested in
<input type="checkbox"/>	Complete a FAFSA application
<input type="checkbox"/>	Research scholarships and loans

Independent Living Tasks

Sel	Transportation
<input type="checkbox"/>	Research public transportation
<input type="checkbox"/>	Get a driver's license
<input type="checkbox"/>	Learn about auto insurance
<input type="checkbox"/>	Learn basic car maintenance
Sel	Money Management
<input type="checkbox"/>	Learn to develop a budget
<input type="checkbox"/>	Learn to balance a checking account
<input type="checkbox"/>	Learn about paying bills on time
<input type="checkbox"/>	Use a debit/credit card wisely
Sel	General Independent Living
<input type="checkbox"/>	Learn about leasing and contracts
<input type="checkbox"/>	Learn about setting up utilities
<input type="checkbox"/>	Learn about when and how to seek medical help
<input type="checkbox"/>	Learn to do laundry
<input type="checkbox"/>	Make healthy food choices
<input type="checkbox"/>	Learn about health insurance
<input type="checkbox"/>	Learn to furnish an apartment
<input type="checkbox"/>	Register for Selective Service (males)

Employment Tasks

Sel	While I am Still in High School
<input type="checkbox"/>	Regularly check credits for graduation
<input type="checkbox"/>	Develop an employment plan
<input type="checkbox"/>	Participate in work experience
<input type="checkbox"/>	Take courses that improve my resumé
<input type="checkbox"/>	Commit to getting better grades
<input type="checkbox"/>	Get a part-time job
Sel	Getting Hired
<input type="checkbox"/>	Learn about writing cover letters
<input type="checkbox"/>	Prepare a list of references
<input type="checkbox"/>	Develop a quality resumé
<input type="checkbox"/>	Practice interviewing effectively

Military (skip if not interested)

Sel	Investigate the Military
<input type="checkbox"/>	Investigate different branches
<input type="checkbox"/>	Meet with recruiters
<input type="checkbox"/>	Take the ASVAB military examination

Fears and Concerns about the Future

Directions: Rate your feelings about each item below, from 1 (not concerned at all) to 5 (very concerned)

<input type="checkbox"/>	Finding a job or career I really like
<input type="checkbox"/>	Making enough money to pay my bills
<input type="checkbox"/>	Moving away from my friends or family

<input type="checkbox"/>	Living on my own
<input type="checkbox"/>	Making the right choices for my future
<input type="checkbox"/>	Being prepared for starting my adult life