#### 62 Behavior Skill Rubrics for Middle School to Adult Interacting with Others:

- 1. Make an appropriate impression.
- 2. Get people's attention appropriately.
- 3. Greet people politely.
- 4. Pay attention to speaker.
- 5. Consider the contributions of others.
- 6. Interact fairly with others.
- 7. Disagree appropriately.
- 8. Deal safely with others.
- 9. Respect the personal space of others.
- 10.Interact effectively with others.





# 62 Behavior Skill Rubrics for Middle School to Adult Self-Sufficiency Skills:

- 11. Be trustworthy, honest, and ethical.
- 12. Be in control of emotions.
- 13. Show respect for authority.
- 14. Listen well.
- 15. Accept responsibility for actions.
- 16. Accept consequences.
- 17. Respect the diversity of others.
- 18. Respect the rights of others.
- 19. Set and achieve important goals.
- 20. Use good judgement.
- 21. Access community resources.





### 62 Behavior Skill Rubrics for Middle School to Adult Self-Management Skills:

- 22. Be organized.
- 23. Be thorough.
- 24. Set and meet high quality standards.
- 25. Do own share of work.
- 26. Make effective decisions.
- 27. Solve problems effectively.
- 28. Use time wisely.
- 29. Take initiative.
- 30. Advocate for self.
- 31. Follow verbal directions well.
- 32. Clean up after self.
- 33. Use effective money management.





# 62 Behavior Skill Rubrics for Middle School to Adult Workplace Basics:

- 34. Arrive promptly and prepared.
- 35. Show a desire to work.
- 36. Have a positive work ethic.
- 37. Work well with co-workers.
- 38. Follow directions promptly.
- 39. Complete tasks to expectations & on time.
- 40. Work well without supervision.
- 41. Be a responsible group member.

- 42. Negotiate compromises.
- 43. Follow written instructions well.
- 44. Meet deadlines.
- 45. Resolve conflicts.
- 46. Find employment opportunities.
- 47. Present ideas clearly and logically.
- 48. Have an effective resume
- 49. Work towards group goals.





#### 62 Behavior Skill Rubrics for Middle School to Adult **Wellness Skills: Technology Success:**

- 50. Practice personal grooming/hygiene.
- 51. Develop good nutritional habits.
- 52. Maintain personal fitness.
- 53. Manage stress.
- 54. Maintain healthy relationships.
- 55. Practice good citizenship
- 56. Respect the environment.
- 57. Participate in leisure activities.
- 58. Participate in regular health care.

- 59. Operate a computer with confidence.
- 60. Conduct effective Internet searches.
- 61. Manage an email program.
- 62. Use a cell phone effectively.



Order by Calling (800) 657-3815 or Visiting https://store.tensigma.org

